

The Grapevine



I am the vine, ye are the branches . . . (John 15:1)



*Annual Style Show
and Luncheon*

Saturday, April 16, 2016

presented by The Episcopal Church Women,
The Guild Shop



Our residents and staff thoroughly enjoyed the food, the styles, making new friends and seeing some longtime SJH supporters. Of course there were also some of the best bargains on the most beautiful jewelry, clothes and more! Thank you to The Guild Shop and The Episcopal Church Women for welcoming us with open arms. ✚

SJH Residents Compete In Special Olympics As Super Heroes



And The Winners Are

Ben Sager- 3rd Place Hog Calling & Toilet Paper Roll
 Flora Alsobrook- 3rd Place Chicken Toss & Basketball
 Arlie Eldridge- 1st Place Basketball
 Ralph Christensen – 1st Place Wheelchair Race
 Malcolm Campbell- 1st Place Wheelchair Race
 Tommy Kindle -1st Place Hog Calling
 Barbara Shugart 2nd Place Mardi Gras Coin Toss



**T
E
A
M**



**S
J
H**



Mother's Day Dinner

**Sunday, May 8th @ Noon
 SJH Dining Room**

*Beef Tenderloin/au jus
 Fresh Mashed Potatoes Fresh Green Beans
 Mixed Green Salad/Drg Dinner Rolls/Marg.
 Mother's Day Dessert*

To make your reservations call 281-425-1225

If She Only Knew

By Melba J. Hamilton

This article could only be written when Micki Rios is out of town and I feel even safer, because she's out of the country! She may be SJH's Pastoral Care Coordinator but she's much more to us. She is truly whatever we need her to be at the time. From encouraging grieving families to helping



plan the annual picnic, her willingness to lend a hand is unmatched. If she only knew how much we value her listening ear and accepting responses. When we needed someone to help

with the residents' Mardi Gras parade, Micki was all in. When a staff member is experiencing their own personal crisis, she is the one to rally everyone to offer support. In our morning meetings, she is the one to shine light on anything that brings a ray of hope into SJH and also, the one to never let you forget that the rest of the world needs hope too. That's when you get Micki, The Crusader, who is dogmatic about each of us looking beyond our own needs. This non-caped crusader stands her ground against anyone when it involves the suffering of others.

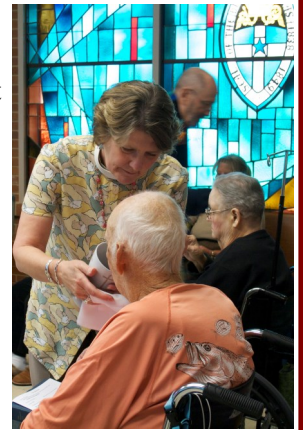
When our residents were competing in the Special Olympics and the theme was super heroes, Micki was planning to dress as "She God". We laughed



but never doubted she could pull that off. It is the laughter, the passion, the spirit and the heart of this woman that enriches our lives.

If she knew I was writing this article, she would not be happy. She doesn't want to stand out or be acknowledged for what she does. She always considers what she does as one small contribution to a group effort. I searched many pictures and there is rarely one of her alone. I wanted to take this time while she is away to acknowledge her tireless efforts to help create a loving, spiritual environment for residents and staff. If she only knew how much we appreciate all she does.

If she only knew.... ✚



Prayer For The Caregiver

God of Compassion

**You know what is deep within me;
You love me as I am.**

Comforting God,

**Shelter me under your wings
When I am overwhelmed with sadness
And overcome with distress.**

**God of hope, assure me of
Your unconditional love
When I doubt myself
And feel inadequate**

Loving God,

Help me experience your embrace today.

May the touch of your courage

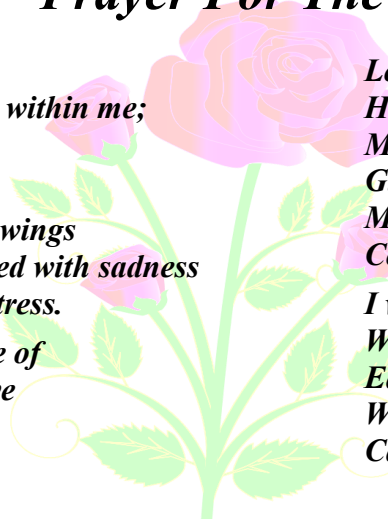
Give me what I need during this time.

May the touch of your love

Comfort me and my loved one with your peace.

**I will be aware today of touching the one
Whom I am caretaking.**

**Each time I do so, I know that God
Will also be touching me with
Care and compassion**





St. James House
5800 W. Baker Road
Baytown, TX 77520

Baytown Sun's 2016 Readers' Choice Award Winners!

St. James House Voted Best Rehab & Skilled Nursing Facility
Alexander Hall Apartments Voted Best Retirement Community

Happy Mother's Day!

SJH Heritage Day Picnic

Friday, May 13th Noon—2pm

Staff & Residents—No Cost

Family & Friends—Only \$5.00 Each

Food Fun Door Prizes



Seniors Get 20% Off!

April 5th & Monthly
Every 1st Tuesday
At

Walgreens
Garth Rd & Birdsong Store

Discount applies to anyone over 55 on non ad merchandise. This also excludes prescriptions, dairy, eggs, cigarettes, alcohol.

Articles, suggestions and other noteworthy submissions are due by the 20th of each month for the upcoming issue of The Grapevine. Please send via email to Melba Hamilton at melba@stjameshouse.org. We reserve the right to edit for content and/or length.

Visit us at:
stjameshouse.org

281-425-1200